## Morning class in KI Outdoor gym on Campus

## June 14, 7.00 am

One of our excellent instructors from KI Health Promotion will offer a 30-minute gym class in the outdoor gym where you get the opportunity to wake up according to your needs. We will meet in front of the main entrance of Aula Medica at 7.00 am and walk a few meters to the outdoor gym. Please be on time.



The entrance of Aula Medica



KI Outdoor Gym

## Morning walk among Nobel Prize winners

June 14, 7.00-7.45 am

Another excellent instructor from KI Health Promotion will offer a 45-minute morning walk in the beautiful site of the North Graveyard in Solna next to the congress venue. During the walk, we will pass the resting place of Alfred Nobel, some Nobel prize winners and maybe one or two other famous people. The instructor will offer a brief historical background on how these people made an important mark in history.

We will meet in front of the entrance of the Carolina Tower Hotel, Eugeniavägen 6, Solna at 7 am. Please be on time.



The Carolina Tower Hotel



The North Graveyard in Solna and the resting place of Alfred Nobel